



Tham Jaba



Anatomy

Tham Jata

Tuning	440Hz
BPM	95.6019
Artwork by	Dr. Ranjana Upadhyay, Pratyush Upadhyay
Number Of Stems	92
Number of Humans	11
Microphones Used	Shure SM -58, Audio Technica AT2020
Instruments	Saxophone, Ibanez RC320M, Sire V7 Marcus Miller,
Other Gadgets & Plugins	Native & Waves
Artist, Recording Engineer,, Producer, Composer, Arranger, Director, Lyricist	Pratyush Upadhyay
Other Artists	Vocals - Rohan Pathak Bass - Sarthak Raikwar Saxophone - Evan Jacobson Keys - Pratyush, Ishan Bhand, Yash Bhojwani, Vatan Dhuria, Bhavani Malviya Drums - Pratyush Upadhyay, Hansraj Shankushal.
DAW	Logic Pro X for Recording, Editing, Composing & Arranging. Pro Tools for Mixing.
Mixing & Mastering Engineer	Shatarchi Hundet
Genre	Jazz Blues
Studio & Label	432 Hz Music Studio and 432 Hz Records
Sponsors	Dr. Ranjana Upadhyay, Dr. Balram Upadhyay, Ayush Upadhyay.

What? Why? & How?

This song translates the state of rest, the state of pause and the state of relaxation. During this life I've witnessed a sense of urgency in people's routine. From consuming food to catching the train. I felt like an alien amongst them. I always have been a free spirited individual. Sleeping/resting is my favorite past time. Never have I ever reached on time to school, college, dates or the office. And now when the whole world is a part of the *The Big Pause*, that feeling of alienation has passed. So this song is about taking more than a moment from your life and just rest, sleep, breathe & live. Just like animals. A time out of your routine where you stop being a mother, a daughter, a friend, a father, a provider, a planner, a scientist, a thinker, an influencer, a president, a nomad, a singer, a dancer and just be you. Disconnected from every responsibility and every worldly relation. Breathing in & breathing out. Until you can go back to being the world's version of 'yourself'.



Pratyush Upadhyay

This idea came to light during the lockdown. I was relieved that the humans were taking a pause and the earth could breathe again. I picked up the pen, paper, guitar and started singing. The verse was about my feelings where I try to make sense out of my habits. However when I wrote the chorus, the whole song rejoiced and started making sense all together. My insecurities about

being the tortoise, in the verse were all answered in the chorus and thus made the song very cheerful. I had planned to make it sound like a coke studio track. I tapped the tempo, recorded the guitars, recorded the vocals and programmed the drums. I wasn't very happy with the composition as it translated my own insecurities and feelings. So I kept it aside and didn't open this project for a couple of months.

However the chorus was so catchy that I never actually got it out of my head. Later when I was deciding for which song out of the 12 potential compositions that I had made were to be chosen for the first album, I picked Tham Jata as well. However with this composition I had decided to involve other artists too. First I



Rohan Pathak

asked Ishan from Progroach to perform the keys that I had programmed. Then I requested Rohan to record the vocals. He is a very learned and experienced musician. He has been singing professionally from the past 17 years. From being a contestant in Indian Idol & The Voice, India to being a band mate in Progroach, Rohan has experienced all the ups and downs of the music industry. After a couple of days, he recorded scratch vocals which would open doorways for other musicians to chip in.

Recording & Mixing Rohan is always very rewarding. You have to make the *better* out of something *best*. He connected me with other artists like Yash Bhojwani from YY Jams(Melodica), Bhavani(Keys), Sarthak Raikwar(Bass), Vatan Dhuria(Organ & EP), Abin Thomas(Vocal Harmonies Direction). Each artist left his own imprint on the song. However out of all, recording Sarthak on Bass was very very pleasant. He brought a new *grooviness* to the song. Although he was the only one who came to the studio and recorded live. Everyone else was working from home.

I kept working on the drums in the background. Something about it wasn't right. Somethings just didn't sync. I had heard it so much that now the *errors* were a part of the song. I involved Hansraj Shankushal to have a look at the drums. He improvised a

few parts. However few *errors* were still coherent. I kept working on the drums, the groove, the midi, the audio until finally I thought - Now it's fine. I made my mother listen to it. She immediately pointed out the mistakes in the groove. Something didn't match.

I immediately started eliminating stems. The Acoustic Guitar was found guilty of abiding the tempo rules. It was meandering through its own groove. I now had space to fill. A rhythm to include. I was casually scrolling on Instagram where I came across Evan Jacobson from New York adding Saxophone Solos to songs which didn't need it. I connected with him and he loved the song. I had translated the lyrics for him to understand the mood of the song. He gave me 5 takes. Out of which I comped through and here's what we have now.



Sarthak Raikwar



Evan Jacobson

This shall be known as the Jazz version or Lounge version of the song. There's gonna be a Classic Rock version of it with Progroach for sure. But to hear it, you'll probably have to catch us live.

While I was mixing it, I went through my old notes and remembered that I wanted to make it sound like a coke studio track. By now I had realized that this would never sound like a coke studio track. I then and there gave up this idea of sonic chasing and went with the flow. I wanted to make it sound like a band performing in a small middle class Indian marriage, at a cheap hotel. Somewhat like 'Chain Apko' from the movie 'Hungama'. Shatarchi Hundet, who is a Musician & Mixing Engineer is my second pair of ears for most of the music that I make. He is a highly creative engineer, who is working since 2010 in this field. And commands great expertise over it. When he first heard the mix, he immediately recalled the same song from 'Hungama' which he didn't know I was trying to replicate the vibe of. This marked my success in achieving the sonic characteristics that I desired.



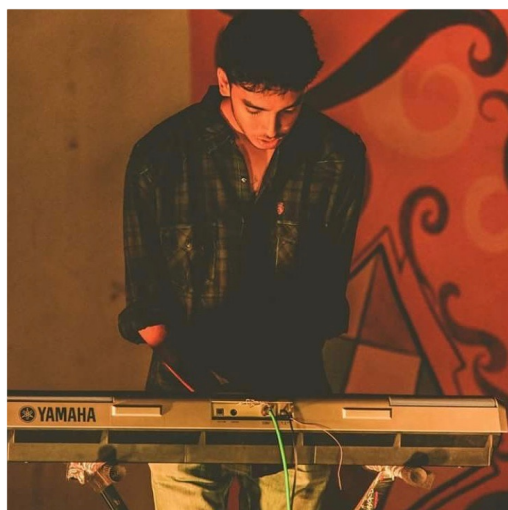
Abin Thomas



Bhawani Malviya



Vatan Dhuria



Ishan Bhand



Yash Bhojwani

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